



## History

Conaboy & Associates has been providing quality services and support to schools, families, and communities within the Washington, D.C. area, since 2000. In that time, the staff has grown from a single occupational therapist to include physical therapists, assistive technology professionals, audiologists, speech pathologists, career/vocational specialists, and several occupational therapists who share a commitment to children, young adults, and caregivers.

We believe that caregivers who feel empowered, will assist their children in achieving optimal independence. Schools that are trained to support access for all students, advance our communities in ways that impact the future. And communities that are educated and empowered with the tools to accept all, impact the quality of life for all.

We remain committed to helping children and families from all corners of our community connect with the resources they need to be successful as they make transitions throughout their lives.

*"Conaboy & Associates does it all! Whether your child needs visual motor, sensory, regulation, executive functioning, or assistive technology interventions, this informed, cutting edge group of occupational therapists can help. Get your child the evaluation and services she needs today. When we need other professionals to turn to for expertise, Conaboy & Associates is top of the list!"*

**-Director, Educational Advocacy Practice**

## WHO CAN BENEFIT?

### Children and youth with:

- Sensory processing concerns
- Premature birth
- Delayed milestones
- Poor fine or gross motor skills
- Feeding concerns
- Trouble following directions
- Difficulty with reading, writing, or math
- Struggles with coloring, cutting, copying, or puzzles
- Difficulty copying from the board or taking notes
- Poor organizational and planning skills
- Trouble finishing homework
- Behavioral challenges
- Illegible handwriting
- Extra high/low energy
- Trouble with changes in routines
- Poor eye contact
- Over or underreactions to day to day situations
- Communication concerns
- Struggles with transitions
- Emotional instability
- School placement concerns
- IFSP/IEP concerns
- Trouble paying attention
- Self-regulation concerns
- Difficulty around self help skills
- Poor posture, strength, endurance, or coordination
- A need for technology supports
- Lack of plans for post high school



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**At Conaboy & Associates, we believe children who learn together, live together. We are dedicated to a quality of life for all.**





# resources for children and families



## our services

At Conaboy & Associates, we have a holistic view of children, families, and caregivers. Services are delivered at our clinic and within the community. They are designed to meet appropriate goals for children with a focus on high levels of independence, academic access, and supporting children in each of a child's many life roles - home, day care, school, play, and work. We offer flexible scheduling and use a team intervention approach to include physicians, educators, and other health care providers.

### We offer:

- Occupational Therapy
- Physical Therapy
- Assistive Technology Services
- Career/Vocational Services
- Auditory Processing Supports
- Speech and Language Therapy
- Coordinated State Department Intensive Therapy Programs

We work diligently with caregivers, advocates, and community and school programs. With dedication to service and the community, we believe that children who learn together, live together. We strive to customize our services to meet your needs.

*“Conaboy & Associates provides high quality services to students and schools. Conaboy & Associates are dedicated professionals who collaborate with staff and families and are extremely committed to providing effective therapy services resulting in children making significant gains.”*

–Special Education Coordinator, DC Public Charter School

## CLINIC SERVICES

At our clinic on Capitol Hill, we use a family-centered approach to optimize progress and performance based on a child's individualized needs.

### We specialize in:

- Comprehensive evaluations and reports
- Motor Skills (Fine, Gross, Visual)
- Visual Perception
- Executive Functioning
- Attention and Arousal
- Play and Social Skills
- Sensory Processing
- Vocational Skills/Life Skills
- Assistive Technology
- Activities of Daily Living/Self Help Skills

## EARLY INTERVENTION SERVICES (EI)

EI services are designed to support families with children from birth through 3 years old and are critical in building a strong foundation for living, learning, and achieving high levels of independence. We rely on information about a child's natural environment, typical routines, and family and caregiver goals. EI services may be provided at our clinic, in community based settings, or in a child's home.

## PARENT GROUPS

Various topics are offered. Are you a parent, caregiver, hospital, school, individual, or other community agency in need of a parenting group on a specific topic? We can help. We offer community based support groups as well as sessions at our clinic tailored to fit your needs.

## SPECIALTY TREATMENT GROUPS

We offer various groups to promote early childhood development, sensory processing, social skills, motor skills, executive functioning, organization, life skills, writing, yoga, gardening, and more.

## SCHOOL BASED SERVICES

We provide innovative related services within public, private, and charter schools. Our team is experienced working with school teams and supports access for all students in a time of rigorous standards-based learning. We work with school teams around Universal Design for Learning (UDL), evaluation, treatment, consultation, IFSP/IEP development and implementation, MDT meetings, compliance with federal school mandates, a holistic classroom culture, and the inclusion of all children.

## COMPREHENSIVE EVALUATIONS

- Occupational Therapy
- Physical Therapy
- Assistive Technology
- Career/Vocational
- Auditory Processing
- Audiological
- Speech and Language
- Coordinated State Department Evaluations

## COMMUNITY SERVICES

Within the community, Conaboy & Associates works with agencies on program development and advocacy needs.

### We are advocates in the community around:

- Legislative Issues
- Disability/Ability Awareness
- Family/Caregiver Networks
- Proper programming for children with special needs
- Navigation of the special education and health care systems